

A PREVIEW TO  
THE  
**DREAMS**  
YOU HAVE

WRITTEN BY  
PROPHET ELIJAH BERRIAN  
&  
BISHOP CHARLIE BERRIAN

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# INTRODUCTION

Dreams are a tool that God can use to pass on important message to His People. God has used dreams to speak to people down throughout history and some of those prophetic dreams have been recorded in the Bible.

### **DON'T ALLOW SATAN TO HIJACK YOUR DREAMS!**

It's such a valuable mechanism that the devil loves to hijack it to use for his own nefarious purposes. He loves to steal all the great ideas God has created and try to take the credit for them. Therefore, before closing our eyes to enter dreamland where we can be very vulnerable spiritually, it's vitally important to pray and plead the Blood of Jesus Christ over our sleep. Ask God to surround you with His guardian angels as you sleep, whether it's in the daytime or at night.

### **SURRENDER**

Sleep is like a little death. Your flesh is forced to be still and surrender. For the carnal mind, this feels like a defeat. Some of us night-owls know the conflict it causes when it's time to shut down our activities. Electric lights and computers defy the natural setting of the sun at the end of the day, keeping us busy until all hours. But, sleep is not a suggestion, it's an order. God told us, *"Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth."* – Psalm 46:10

As the loving Father that He is, God wants us to be still so that He can communicate with us. Then, when we hear

the amazing and wonderful things He has to say, we *know* He is God. But, most human beings find it very difficult to be still. Most of us wiggle. It's human nature. It's not part of our nature to become completely motionless or to stop continually processing multitudes of thoughts.

Our human brain likes to review, rethink, reason and figure things out logically. We are analytical creatures. These attributes make it difficult for us to spend time in total silence, waiting to hear from God. On the other hand, that's part of the reason why these moments are so golden and precious to the Lord. Moments of solitude spent with God are life- changing.

### **THE MOST DIFFICULT THING TO DO IS NOTHING**

It may be that the hardest position to exercise is the position of being still. Yet, this is what God has asked us to do. He wants us to come unto Him. He has so much to give us if only we were able to sit still long enough to receive it.

God has a way to get around this problem and speak to our spirit directly at a time when our brains don't get in the way. He knows that when we are asleep we don't resist Him. The brain is unwinding, our eyes are closed, no demands are being made on our time. During sleep, we can be fully yielded to God, both consciously and unconsciously. We're like a blank sheet of paper. So, God can freely write on us.

## **GOOD HEALTH REQUIRES DEEP SLEEP**

God created this temporal body of ours with a sleep mode. We must sleep. It's not a choice, it's a requirement. That means we can't live without it. Sleep is an important part of good health. Those who are sleep deprived can develop illness as a result.

Insufficient sleep is one of the main causes of Alzheimer's disease and dementia. That's because when we sleep, the body disposes of amyloids that build up during waking hours. If we don't sleep, this plaque is left to build-up and over time, inhibit blood flow in the brain which results in memory loss and impaired cognition.

Not only is it important to sleep, it's vital that we dream. Some people may say that they never dream, but they probably wouldn't be sane unless they experienced dream sleep on a fairly regular basis. It's during REM (rapid eye movement) sleep that we dream. Coincidentally, this is also when the body disposes of plaque and waste.

What an amazing mystery the human body is. Science has merely discovered the tip of the iceberg when it comes to the depth of the mysteries of the human body.

## **THE IMPORTANCE OF DEEP SLEEP**

Studies of the brains of former Alzheimer's patients who have passed on have revealed more about the importance of sufficient deep sleep. Scientists have found that plaque

in the brain inhibits proper blood flow. This lack of circulation negatively impacts the connections in the brain, memory, concentration, and communication. Without sufficient deep sleep, REM sleep, the body is not able to maintain mental health.

Deep sleep and time spent in dreaming mode are vital for healthy brain function. Without enough dreaming, we can lose our memory, our connection with loved ones, our normal lifestyle, and everything we hold dear.

## IMPORTANT DREAMS

Some dreams are more important than others. Some dreams are important warnings. Some are prophetic. Jacob had a famous prophetic dream. You may have heard of “Jacob’s Ladder”.

*“And he dreamed, and behold a ladder set up on the earth, and the top of it reached to heaven: and behold the angels of God ascending and descending on it.” Genesis 28:12*

## REM (RAPID EYE MOVEMENT) SLEEP

Perhaps REM sleep is the body’s mode to enable our spirit to get to the secret place that David talks about in **Psalm 91:1**, *“He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.”*

We can use our sleep as a channel for God’s Spirit. We



can hallow our sleep for God's glory to allow Him to communicate with our Spirit in a spiritual language that our mind may not fully comprehend, but our spirit does.

## HOW TO KNOW IF A DREAM IS OF GOD

How can we tell when we've had a godly dream? Well, it's easy. God's authority will come through in a dream that He's giving you and you won't forget it. A godly dream is usually simple, easy to understand and easy to remember.

A dream from God will usually stick with you throughout the day and possibly longer. You'll remember the feeling, the colors, and the main message very sharply. And the dreams God gives are encouraging, uplifting, positive and faith-building. They can also be convicting (encouraging you to try harder) or they can warn you but never in a hopeless, discouraging way.

## THE GIFT OF DREAMING

Pray for the Gift of Dreaming in the same way that you would pray for the gift of prophesy. Joel prophesied that in the latter days, God's Spirit would be poured out on all flesh.

*"And it shall come to pass afterward, that I will pour out my spirit upon all flesh; and your sons and your daughters shall prophesy, your old men shall dream dreams, your young men shall see visions:"*

**Joel 2:28**

In the same way that we ask God for the gift of prophecy, we can ask Him to pour out His Spirit on our dreamscape. There's a connection in the brain between our waking memory and the dream state. We can pray that that connection grows stronger so that we can remember the details of our God-given dreams.

### **TIPS TO HELP YOU REMEMBER YOUR DREAM**

When you wake up from a godly dream, try to take time to get back into the position you were lying in when the dream took place. Close your eyes, shift your brain into neutral and pray for God to bring back the significant part of that dream. As you begin to remember and pick up threads of the dream, continue to pray for it to come back to you. Write it down. Try to write down every important detail. Then, pray for an accurate interpretation. (If you can't get a satisfactory interpretation yourself, you may want to ask your pastor if there's someone in your church who has the gift of interpretation of dreams.)

### **BE CAREFUL WHO YOU TELL YOUR DREAM TO**

Ask God who to share the dream with or whether it's just for you personally. (Sometimes sharing a dream with someone can upset them or scare them. Dreams are powerful spiritual tools that should be applied with wisdom.) When Joseph shared his dream with his brothers, they hated him.

*“And his brethren said to him, Shalt thou indeed reign over us? or shalt thou indeed have dominion over us? And they hated him yet the more for his dreams, and for his words.”* **Genesis 37:8**

*more for his dreams, and for his words.” Genesis 37:8*

*“Come now therefore, and let us slay him, and cast him into some pit, and we will say, Some evil beast hath devoured him: and we shall see what will become of his dreams.” Genesis 37:20*

## THE GIFT OF INTERPRETATION

As we know, Joseph had the gift of interpretation of dreams. Joseph also was accustomed to receiving dreams from God. So, it wasn't far of a stretch for him to be able to interpret dreams that other people received from God.

In Joseph's case, God used his dreamscape to prophesy his future. However, relating the dream to the wrong people brought about Daniel's captivity. Although it was Joseph's dreams that got him into a whole mess of troubles, it was also his dreams that got him out.

Ironically, it was his interpretation of two dreams that eventually brought about his release whereupon his interpretation of Pharaoh's dream landed him in the second most powerful position of all of Egypt.

The gift of interpreting dreams is valuable. It was this gift that took Joseph out of prison to a position of a powerful statesman of Egypt, right next to the pharaoh himself. The interpretation of that one dream (a very significant prophetic dream) led to providing a place for the nation of Israel to survive and thrive during a time of famine.

## TREASURE YOUR DREAMS

How far will your dreams take you? Will you be open to whatever position God wants to put you in? Our dreams are like keys that can open unimaginable doors of possibility. Maybe someday you'll wake up and, like Joseph, find yourself in a position of high authority and wonder how in the world you got there. If it happens to you, just remember to keep your eyes on Jesus and follow him every step of the way. He may want to use you to save multitudes of His people.

## THE FIRST RECORDED DREAM IN THE BIBLE

Although we think of the dream of Jacob's ladder as being the first prominent description of a dream in the book of Genesis, someone else had a dream that was recorded in Genesis before Jacob's.

The dream was regarding Abraham's wife, Sarah. God came to a gentile in a dream to warn him. In fact, He threatened to kill him if he touched Sarah.

*“But God came to Abimelech in a dream by night, and said to him, Behold, thou art but a dead man, for the woman which thou hast taken; for she is a man's wife.”* **Genesis 20:3**

Abimelech took the warning very seriously and reasoned with God.

*4 “But Abimelech had not come near her; and he said, Lord, wilt thou slay also a righteous nation?”*

*5 Said he not unto me, she is my sister? And she, even she herself said,  
He is my brother: in the integrity of my heart and innocency of my  
hands have I done this.*

*6 And God said unto him in a dream, Yea, I know that thou didst this  
in the integrity of thy heart; for I also withheld thee from sinning  
against me: therefore suffered I thee not to touch her.”*

**Genesis 20:4 – 6**

God agreed with Abimelech that he was innocent and told him that He had helped to prevent him from getting into trouble. What a relief.

## **SCRIPTURES ON FALSE DREAMS**

*“And that prophet, or that dreamer of dreams, shall be put to death;  
because he hath spoken to turn you away from the Lord your God,  
which brought you out of the land of Egypt, and redeemed you out of  
the house of bondage, to thrust thee out of the way which the Lord  
thy God commanded thee to walk in. So shalt thou put the evil away  
from the midst of thee.” Deuteronomy 13:5*

*“For in the multitude of dreams and many words there are also divers  
vanities: but fear thou God.” Ecclesiastes 5:7*

*“Behold, I am against them that prophesy false dreams, saith the  
Lord, and do tell them, and cause my people to err by their lies, and  
by their lightness; yet I sent them not, nor commanded them:  
therefore they shall not profit this people at all, saith the Lord.”  
Jeremiah 23:32*

*“For thus saith the Lord of hosts, the God of Israel; Let not your prophets and your diviners, that be in the midst of you, deceive you, neither hearken to your dreams which ye cause to be dreamed.”*

**Jeremiah 29:8**

*“For the idols have spoken vanity, and the diviners have seen a lie, and have told false dreams; they comfort in vain: therefore they went their way as a flock, they were troubled, because there was no shepherd.”* **Zechariah 10:2**

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**CONCLUSION**





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Prophet Elijah Berrian is a Christian minister and speaker involved in ministry all his life preaching, teaching, healing & prophesying to many. Visit <http://www.prophetelijahberrian.com/> for more info.

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